Participation Report of the 19th Annual Meeting of the Chinese Neuroscience Society (CNS2026)

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I was very happy to participate in the 19th Annual Meeting of the Chinese Neuroscience Society (CNS2026), held in Fuzhou, China. I am sincerely grateful to the Japan Neuroscience Society and the Chinese Neuroscience Society for the JNS-CNS Travel Award. Thanks to this award, I had the opportunity to attend the meeting, present my research, and give my first oral presentation at a large international neuroscience conference.

I gave an oral presentation at the Youth Forum and also presented my research as a poster. The Youth Forum was a valuable experience for me. I was a little nervous beforehand, but I was glad to have the opportunity to introduce my research to researchers from different fields.

The poster session was especially interesting and enjoyable for me. Many researchers visited my poster and asked questions about my research. I had the chance to explain my experiments in more detail and discuss my results with researchers from different backgrounds. Some of the questions were thought-provoking and helped me think about my research from new perspectives. I also received useful comments and suggestions that I would like to consider in my future work.

During the conference, I attended several scientific sessions and learned about research in many different areas of neuroscience. I enjoyed listening to other researchers' presentations and learning about their different approaches and ideas. It was also a good opportunity to meet researchers from different institutions and countries.

Overall, CNS2026 was a very meaningful and memorable experience for me. I am sincerely grateful for the JNS-CNS Travel Award and for the opportunity to present my research both orally and as a poster. In particular, the discussions during the poster session were very helpful and encouraging for me. This experience gave me more confidence in presenting my research internationally and motivated me tocontinue developing my research and participate in future scientific meetings.



